



# Enhancing Coaching Effectiveness

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A GOOD PRACTICES GUIDE FOR LEADERS IN HR, L&D AND TALENT MANAGEMENT

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## About CFI

Coaching Foundation India Limited (CFI) is India's first institution dedicated to Executive Coaching. Its founding purpose is to create world class coaching professionals and offer comprehensive training and advisory solutions to individuals and organizations

With businesses experiencing both unprecedented opportunities for growth and competitive pressures in equal measure, many executives now find themselves in new roles and company cultures that require managing more efficiently than ever before. In situations such as these, executive coaching acts as a catalyst to lift individuals and teams alike to their highest potential. Having completed over 250 coaching assignments for leading global and Indian companies, CFI has built deep insights into what constitutes coaching effectiveness.

This good practices guide is a result of these research insights. Through this guide CFI aims to foster an appropriate application of coaching so that its integrity is maintained.



## About this guide

This guide is meant to help leaders in Human Resources, Learning & Development and Talent Management who use coaching as a part of their leader development interventions to enhance the effectiveness of such interventions.

The research and publication effort for this Guide was led by Ms. Supriti Bhandary. Supriti is an experienced talent Advisor and CFI Coach with 20+ years in global HR. She partners with clients to provide solutions in areas related to Talent management, Coaching and Leadership development.

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